

## Age Activated Attention Deficit Disorder

Recently, I was diagnosed with A.A.A.D.D. This is how it manifests itself:

I decide to water my garden. As I turn on the hose in the driveway, I look over at my car and decide it needs washing. As I head towards the garage, I notice post on the porch table that I picked up from the postman earlier. I decide to go through it before I wash the car.

I put my car keys on the table, put the junk mail in the recycling box under the table, and notice that the recycling box is full. So, I decide to put the bills back on the table and take out the recycling first.

But then I think, since I'm going to be near the postbox when I take out the recycling paper anyway, I may as well pay the bills first. I take my cheque book off the table and notice that there is only one cheque left. My extra cheques are in the desk in my study, so I go into the house to my desk where I find the cup of coffee I'd been drinking.

I'm going to look for my cheques but first I need to push the coffee aside so that I don't accidentally knock it over. The coffee is getting cold, and I decide to make another cup. As I head toward the kitchen with the cold coffee, a vase of flowers on the worktop catches my eye – the flowers need water.

I put the coffee on the worktop and discover my reading glasses that I've been searching for all morning. I decide I better put them back on my desk, but first I'm going to water the flowers. I put the glasses back down on the worktop, fill a container with water and suddenly spot the TV remote control. Someone left it on the kitchen table.

I realise that tonight when we go to watch TV, I'll be looking for the remote, but I won't remember that it's on the kitchen table, so I decide to put it back where it belongs, but first I'll water the flowers. I pour some water in the flowers, but quite a bit of it spills on the floor.

So, I put the remote back on the table, get some towels and wipe up the spill. Then, I head down the hall trying to remember what I was planning to do.

At the end of the day:

- The car isn't washed
- The bills aren't paid
- There is a cold cup of coffee sitting on the kitchen work-surface
- The flowers don't have enough water
- There is still only one cheque in my cheque book
- I can't find the remote
- I can't find my glasses
- I don't remember what I did with the car keys.

Then, when I try to figure out why nothing got done today, I'm really baffled because I know I was busy all bloody day and I'm really tired. I realise this is a serious problem, and I'll try to get some help for it tomorrow, if I remember.



**kuranda.**  
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*Caring for Kuranda's Environment*

*"by standing on the shoulders of those who've gone before"*

Nursery: 284 Myola Rd, Mon & Thu 9am-1pm, Sat 10-1pm, ph: 4093 8989 / 4093 8393

### Is that our very own local frog?

Everyone knows that Kuranda is a special place to live. And as if to confirm that, several years ago Dr Conrad Hoskins, an evolutionary biologist, discovered that we have our very own frog species, *Litoria myola*, found nowhere else in the world. Since it's limited to 12 known breeding sites, totalling 3.5 square kilometres, all contained within a tiny part of our Kuranda area and estimated at only 700 individuals (2009) it's listed as critically endangered on the world IUCN Red List. Found in the lower sections of streams entering the Barron River, between Kuranda, Myola, Mantaka, Kowrowa and Oakforest, it's been hopping about for roughly 10,000 years, quite new for a species.

Males and females are generally a mottled pattern of tan and brown on the upper surface and pale underneath. A green crescent is present in the upper iris and the back edge of the forearms and legs are fringed with small skin extensions.

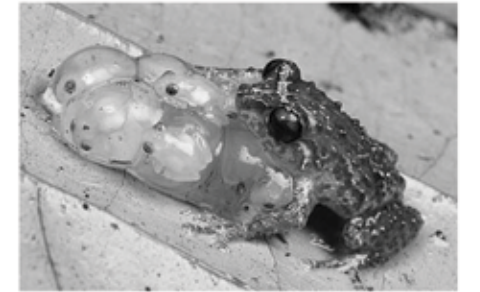


photo by Dr Conrad Hoskins

### And what's good about frogs ?

Well, if you're not keen on chancing your lips, kissing every frog you meet in order to maybe get an enchanted handsome prince, or getting the Aboriginal dreamtime frog, Tiddalick, to laugh in order to break a drought, maybe the following will do:

- food source for other animals, including humans (diners are adding to frog numbers' decline)
- some are a good source of poison (if you need that sort of thing)
- all are susceptible to pollution so are good indicators of water quality and habitat health (think about use of canaries in early underground mining)



a male *Oreophryne* frog in Papua, New Guinea, guards his clutch and two newly hatched froglets that rest atop the egg mass

### Recycle glass, plastic bottles and paper

Calling all those keen recyclers – support the recycling bins at the local Transfer station, Kennedy Highway opposite Cardinia Estate. Open transfer station times, w/e Sat 7-10am, Sun 1-5pm

**Box trailer for hire,**  
ring 4093 8393

Good selection of **garden sized rainforest shrubs available,**

**Reminder – Nursery now open 10:30 till 1pm Saturdays,** & Mon & Thurs 9 till 1pm, *come check us out, ring nursery on 4093 8989 or by appointment 4093 8393*

**Date Claimer – Thursday 3<sup>rd</sup> May ..7:10 till 9pm**

**General meeting – all welcome**

**Planning discussion on future initiatives with our regional NRM directors including Mike Berwick followed by light supper - at Kuranda Recreation Centre.**

### ART explains SCIENCE

**Calling all kids interested in explaining the environment.**

An Arts competition to celebrate this year's

**World Environment Day** with focus on **Biodiversity.**

Entries close in late May. Individual and group prizes

For competition details email [treasurer@envirocare.org.au](mailto:treasurer@envirocare.org.au).

### SATURDAY morning Tree Planting 8 till 9:30am

Come and see how the 5,500 plants for Mobile Muster phone recyclers are doing, help finish the planting this month and get weed stomping after the growth spurt from late rains.

Join us at the nursery, 284 Myola Road to catch a lift to site.

And a yummy morning tea to follow. Or ring Margaret for details 4093 8393

**Give a gift that keeps growing through our local Grow Project**

[www.envirocare.org.au](http://www.envirocare.org.au)

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# Kuranda Electrics

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